

Index

Dedication	2	Arpeggio	21
The Authors	4	Solo	21
Donato Begotti.....	4	Lesson 5	23
Roberto Fazari	5	Speed build up	23
Hello and welcome to		Burst.....	23
The “Mastering Alternate Picking”!	6	Resistance.....	24
What is it?.....	6	Pattern	24
Lesson description	6	Arpeggio	25
Time Signatures.....	6	Solo	25
Lesson 1	7	Lesson 6	27
Speed build up	7	Speed build up	27
Burst.....	7	Burst.....	27
Resistance.....	8	Resistance.....	28
Pattern.....	8	Pattern	28
Arpeggio	9	Arpeggio	29
Solo	9	Solo	29
Lesson 2	11	Lesson 7	31
Speed build up	11	Inside-Outside.....	31
Burst.....	11	Lesson 8	33
Resistance.....	12	Pick’n’Skip!.....	33
Pattern	12	Body positioning and posture	35
Arpeggio.....	13	The right hand.....	35
Solo	13	• Picking positioning or posture.....	35
Lesson 3	15	The left hand	36
Speed build up	15	• The thumb	36
Burst.....	15	• Index, middle, ring and little finger.....	36
Resistance.....	16	Picking styles.....	36
Pattern	16	Relaxation.....	36
Arpeggio.....	17	Pick grip	37
Solo	17	• Why does my pick move or slip?.....	37
Lesson 4	19	• Should I keep the right hand open or closed?.....	37
Speed up.....	19	Mirror mirror on the wall:	
Burst.....	19	who’s the best teacher of them all?.....	37
Resistance.....	20	The Making Of	38
Pattern	20	Acknowledgements	39

The Authors



Donato Begotti

Guitarist

Donato Begotti was voted one of the best Italian rock guitarists and from 1987 has been busy with live concerts with various artists and cover bands in the major live music clubs, television appearances, tours and instrument demonstrations. He has performed more than 2500 live gigs, 200 clinic shows in Italy and 27 industry fairs around the world.

Teacher

Teaching since 1993, he is the founding owner and teacher of the Rock Guitar Academy, the first specialized rock guitar school in Italy. In the past Donato has also worked with CPM. He has created TAPI®, PMT®, PGA®, CCR® and RLS® courses, along with the MCR® master carrier course, which have spawned some of the best Italian rock guitarists.

Author

Donato is the author of:

- Private Lesson - Rhythm and Lead - BMG
- Private Lesson - Feeling and Technique BMG (as Series Director)
- Trucchi e Trucchetti per Suoni di Chitarra Perfetti - Il Preamplificatore - BMG
- Trucchi e Trucchetti per Suoni di Chitarra Perfetti - il Finale di Potenza e le Casse - BMG
- Chitarrista da Zero! 1 - Edizioni Volontè & Co.
- Chitarrista da Zero! 2 - Edizioni Volontè & Co.
- I Maestri della Chitarra Ritmica - J. Vogel - Edizioni Volontè & Co. (musical revision and italian translation of Masters Of Rhythmic Guitar)
- Pentatonic and Modal Tricks - Edizioni Volontè & Co.
- Guitar Theory & Workout 1 - Edizioni Volontè & Co
- Guitar Theory & Workout 2 - Edizioni Volontè & Co

Columnist

Since 1990 he has been a contributing columnist for the magazine Guitar Club on matters such as effects, rock guitar teaching, transcripts and reviews.

Signature Instruments

He has created, together with Guglielmo Cicognani/FBT, a line of guitar amps called Brutus® by Donato Begotti. He has also created with Eko a signature guitar line called DTone® by Donato Begotti.

Endorser

Since 1994 Donato has been worldwide endorser of La Bella strings. In the past he has also been endorser of PRS, Music Man, Steinberger, Hamer, Marshall, Rocktron, ADA, Mesa Boogie, Vox, and Zoom products.

Demonstrator

Donato has been musical instrument demonstrator and product consultant for some of the world's leading companies since 1990. He has worked with Mogar, Meazzi, Syncro, Rocktron in Italy and Mashall and PRS abroad. He has demonstrated in a total of fourteen countries in Europe and the USA.

Web

He is the owner of one of the most visited web sites for guitarists: www.donatobegotti.com

The web site of his guitar school is: www.rockguitaracademy.com

Donato Begotti



Roberto Fazari

Teacher

Roberto started teaching in 2000, after graduating with honours from Donato Begotti's MCR® (Master di Chitarra Rock) and is now teaching the CCR® courses at the prestigious Rock Guitar Academy in Milan. He has worked and currently works with different schools teaching electric guitar, classical and acoustic guitar, ensemble music, ear training, effects and music theory. He is also a certified Yamaha teacher of electric, acoustic and classical guitar. In the past he also taught children, producing many little rocker "monsters!"

Author

Roberto is the author of:

- Guitar Theory & Workout 1 - Edizioni Volontè & Co.
- Guitar Theory & Workout 2 - Edizioni Volontè & Co.
- Chitarrista da Zero! 1 - Edizioni Volontè & Co.
- Chitarrista da Zero! 2 - Edizioni Volontè & Co.

Session musician

Roberto works alongside Alessandro Boriani (Novenovestudio - Milano) producing music for:

- Television Programs (for example: Real TV, Real Fighters, La Fattoria)
- Televised Advertising (ex. Cameo, Kraft)
- Documentaries (ex. Macchina del Tempo)

He also works on music for theatre productions and emerging artists.

Live concerts

Roberto has played for many years, both in Italy and abroad, in Jerry Calà and Umberto Smaila's bands.

He also took part in a touring theatre production of the musical "Gran Calà Show".

Roberto currently plays in his band, Antani Project, a successful cover band with whom he performs at venues around Italy. Over the years his musical career has ranged from funk to Italian pop and classical to death metal!

Demonstrator

Roberto has demonstrated at the leading fairs and events throughout Italy such as MEET Milano, Second Hand Guitars etc..

Discography

He is guitarist for the Electro/Gothic band Sine Macula, whose first album, "Dark Idols" (Self Records) was distributed in Europe, Russia and South America. They are currently working on a second release.

Pianist

Roberto has also studied classical piano for 8 years and has performed in classical music exhibitions and cultural events.

Web

www.robtofazari.com

Roberto Fazari

Hello and welcome to “Mastering Alternate Picking”!

■ What is it?

This book is based on the TAPI (The Alternate Picking Improver) course which is a highly successful course on alternate picking, divided into 8 fun lessons of increasing difficulty. The goal of the course is to develop you:

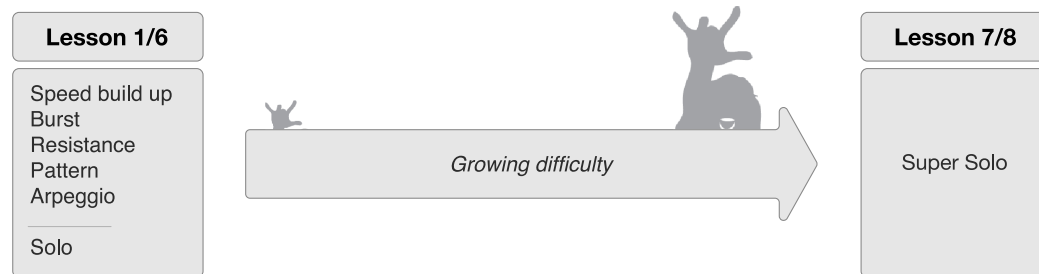
- **Technique:** speed, touch, precision, dynamics
- **Musicality:** timing, ear training, knowledge of licks from different musical styles
- **Body positioning:** limb and posture control
- **Study method:** to define a useful and personal study strategy
- **Emotional control:** confidence in your performance

■ Lesson description

LESSONS 1/6 - In lessons 1 to 6 you will develop your alternate picking by working on 5 important areas and a final recap solo. These areas are:

1. **Speed up:** During the exercise the tempo increases by 5BPM every second repetition. You will develop: speed, timing and speed up technique.
2. **Bursts:** you will play a lick three times at a comfortable pace and burst on the fourth repetition. You will develop: speed, mastering of rhythmic divisions, changes in speed and personal motivation.
3. **Resistance:** you will play a lick without interruption for at least 60 seconds. This develops resistance, limb relaxation and emotional confidence.
4. **Pattern:** you will play a scale by following a melodic/numerical pattern (eg: 123, 234, 345 etc). This will develop: agility, articulation, ear training, knowledge of intervals and licks that will be useful for improvisation.
5. **Arpeggio:** you will play accompaniment arpeggios. You will develop: precise and confident picking during string changes and clean performance.

LESSONS 7/8 - two more challenging solos will put the skills obtained during the previous six lessons into practice at a higher technical level.



At the end of the book you'll find an Appendix containing useful tips for making sure that you're using your body to play the best you can. Look at this Appendix before you start working on the exercises.

■ CD

The CD which comes with this book contains:

A performed version: it's the first track, and the number is always even (for example track 2,4,6)

A backing track only version: it's the second track, and the number is always odd (for example track 3,5,7)

The length of these tracks have been optimized to allow you to put them in a loop. This way you can study the exercise for as long as you like without having to stop and replay the track.

HAVE FUN!

